

THE UPSIDE DOWN

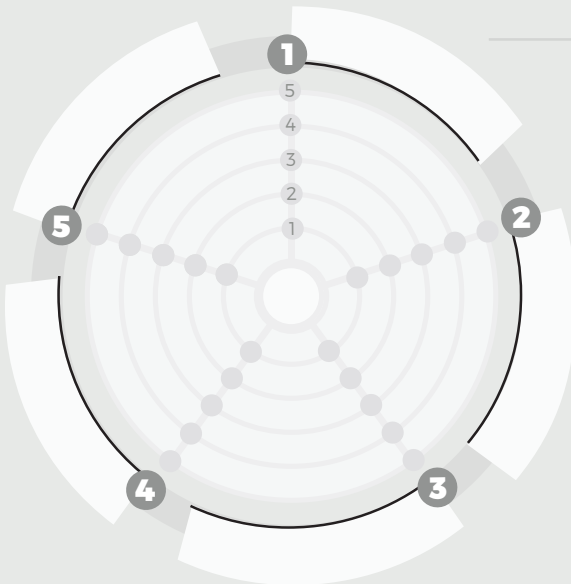
IN BED

October 21/22
BEN SNYDER
Lead Pastor

1 CORINTHIANS 7:1-5 Now regarding the **questions** you asked in your letter. Yes, it is good to abstain from sexual relations. ² But because there is so much **sexual immorality**, each man should have his own wife, and each woman should have her own husband. ³ The husband should **fulfill** his wife's **sexual needs**, and the wife should fulfill her husband's needs. ⁴ The wife **gives authority** over her body to her husband, and the husband gives authority over his body to his wife. ⁵ **Do not deprive each other** of sexual relations, unless you both agree to refrain from sexual intimacy for a limited time so you can give yourselves more completely to prayer. Afterward, you should come together again so that Satan won't be able to tempt you because of your lack of self-control.

UPSIDE DOWN PRINCIPLE: THE MORE YOU _____ THE BETTER IT _____.

GOD'S INTENT OF SEX: A _____ GIFT WE _____ AND _____ IN MARRIAGE.



ASK YOUR SPOUSE: HOW FULFILLED ARE YOU?

- 1 How can I help you know God?
- 2 How can I show love/respect to you?
- 3 How are we connecting outside of work/kids?
- 4 How can I serve you today?
- 5 What arouses/gratifies your senses?

For **additional resources** to improve marriages or provide healthier boundaries for yourself or your family visit CedarCreek.tv/bettersex

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