

P Δ U S ≡

(Gather with some friends, family, or your Group and use the following questions, along with the message notes, to connect, learn, and take your next step.)

DISCUSSION QUESTIONS

In what area of your life would you most like to have a pause button? Why?

Why is it so hard to be still?

Read John 14:15-17;26-27. Which Key Takeaway do you most need to remember this week when you pause? Why?

**What can you practically do this week that will help you remember to pause?
(Be Creative)**

Check out our weekly
LivingItOut.tv Bible study
for more great questions.

**LIVING
IT OUT**