

YOU
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BECAUSE YOUR

Adventure

IMPACTS ANOTHER.

(Gather with some friends, family, or your Group and use the following questions, along with the message notes, to connect, learn, and take your next step.)

DISCUSSION QUESTIONS

ICEBREAKER: When was the last time you had mixed emotions about something?

Why do you think so many people feel like helpless victims to their emotions?

Read Romans 12:2. What did you learn about the importance of changing the way you think?

In what area of your life is God calling you to change the way you think?

Your emotions are a guess, not a guide. What step can you take today to respond to the emotions you are facing?

We want to hear the story of what God's doing in your life!

Go to CedarCreek.tv/adventure for more information on how to share your story. **It could be used to inspire others.**

Check out our weekly LivingItOut.tv Bible study for more great questions.

**LIVING
IT OUT**