

YOU  
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BECAUSE YOUR

*Adventure*

IMPACTS ANOTHER.

(Gather with some friends, family, or your Group and use the following questions, along with the message notes, to connect, learn, and take your next step.)

# DISCUSSION QUESTIONS

**ICEBREAKER:** What is one of your biggest pet peeves?

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Why do you think so many people struggle to deal with their anger?

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Read James 4:1-7. What does this passage teach you about dealing with anger?

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Your anger is a signal, not a solution. Where do you need to get curious about the anger in your life?

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What step is God inviting you to take to deal with your resentment today?

**We want to hear the story of what God's doing in your life!**

Go to [CedarCreek.tv/adventure](http://CedarCreek.tv/adventure) for more information on how to share your story. **It could be used to inspire others.**

Check out our weekly LivingItOut.tv Bible study for more great questions.

**LIVING  
IT OUT**